

Client testimonials

Anstey is an excellent coach. She has worked with several of our managers and we have seen real improvement in their presentation and communication skills. Anstey brings a great mix of professionalism, experience and warmth to all her assignments.

Anne Segall, Director, HR, Development & Training, BMT Group Ltd

Anstey has a real gift for helping you to bring simplicity and clarity to your messages. With her help I was able to come to a real understanding of what I wanted to say and how I wanted to present myself.

Julie Rice, Partner, Forensic Services, BDO LLP

Anstey can tailor-make role plays and presentation skills courses to suit your specific needs and provide insightful feedback and support. She has a massive amount of diverse experience which makes any session you have with her invaluable!

Kaley Crossthwaite, Partner, Forensic Services, BDO LLP

Anstey's insight and advice helped me engage an audience of 200 plus people and give the most polished and natural presentation of my career.

Diane Ivory, Retail Director, Mont Blanc

At a time when all too many consultants and coaches resort to ever more esoteric theories and models presented using incomprehensible jargon it is refreshing to work with someone who is straight talking and who offers practical but effective guidance to assist people to reach their objectives. Anstey's enthusiasm is infectious and before you know it you already half way towards your goal

Andy Cottle, Partner, Forensic Services BDO LLP

The script and acting were excellent, and the actors' ability to engage with the audience and draw out comments, allowing one of the scenes to be redirected by them was superb.

The workshop provided high quality training and exceptional value for money. I have no hesitation in recommending them for future work.

Kate Milton, Senior Equality and Human Rights Manager, NHS Cornwall and Isles of Scilly

Anstey works with passion, commitment and expertise to get results. I saw her, in just three sessions, turn a group of shy, hesitant schoolgirls into articulate confident speakers that inspired an audience of over 100 business women - amazing.

Sylvia Ross, Head of Cultural Development, BDO LLP

The key is understanding the purpose of your presentation. Anstey showed me that when I know that, I needn't worry about the detail - it follows naturally.

Fiona Fernie, Partner, Tax Investigations, BDO LLP

From the first moment Anstey was a pleasure to work with. Flexible, reliable and 120% involved. Having decided for Anstey was the best choice to bring our message across – the audience won't forget her charm!

Gesa Michahelles, Retail Director GBU Central, Montblanc Simplo GmbH

Anstey has terrific natural insight and a straightforward focus on keeping communication clear and conversational. As a result Anstey is able to help clients make subtle changes which profoundly improve their impact in presentations, meetings and general interaction. I have found Anstey's support and insights invaluable in meeting my development needs.

Andrew Park, Tax Manager, BDO LLP

You gave me confidence in my presentation and particularly confidence to take time to pause, let things sink in and think about the point I want to convey next. You managed to give me confidence in myself, which in my books makes you a genius!

Martin Middleton, Audit Manager, BDO LLP